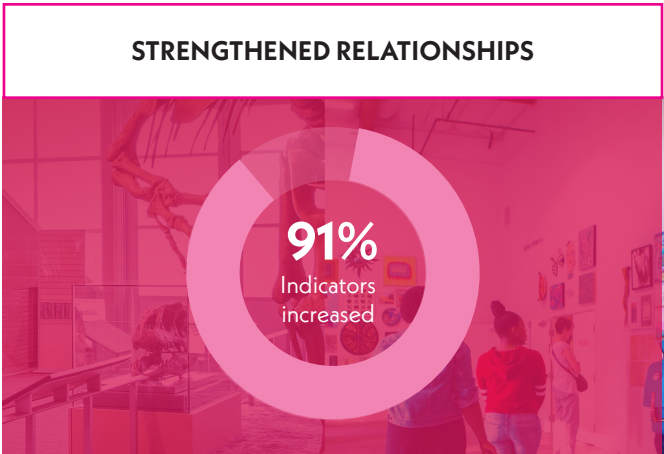
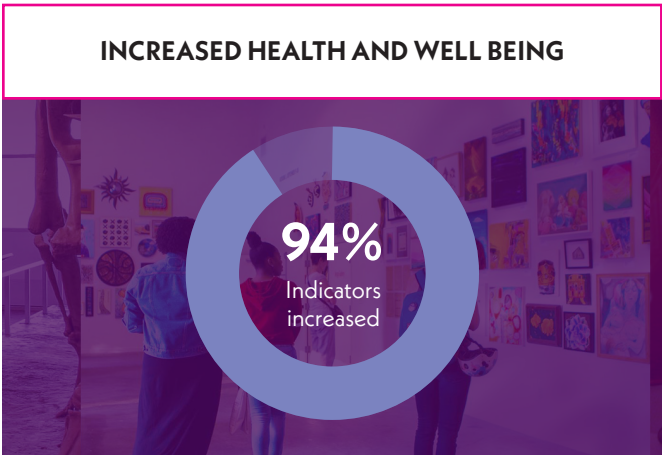


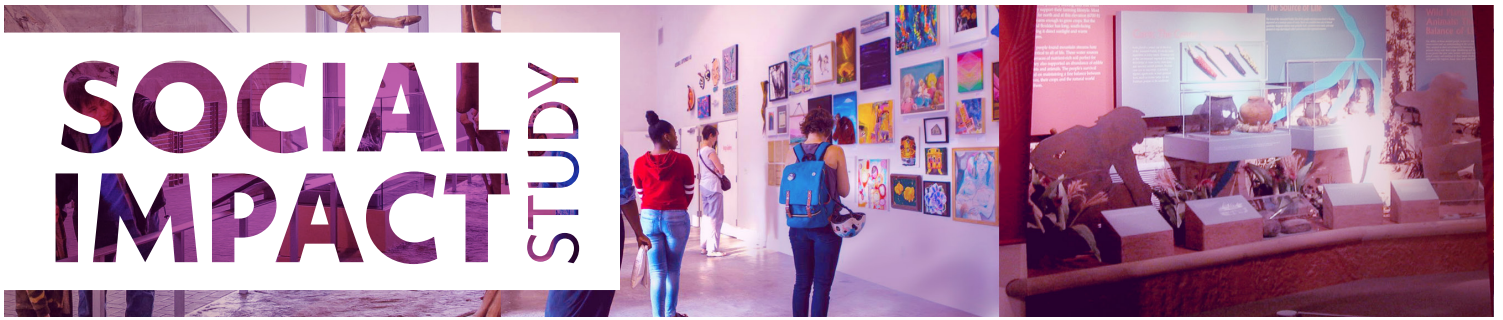
# GENERAL FINDINGS

392 participants from the eight participating museums across Utah had completed the end-of-experience survey. Participants were asked to mark levels of change, if any, that occurred across 104 indicators using retrospective post-then-pre survey questions.

On the whole, participants who visited museums during the course of the study reported statistically significant increases in the four major outcomes that the study measured: 1. increased health and wellbeing, 2. increased intercultural competence, 3. continued education and engagement, and 4. strengthened relationships.

**Of the 104 indicators measured, 100 of them (96%) had a statistically positive increase. Below are the findings:**





# SAMPLE QUESTIONS

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## Continued Education and Engagement

- I wonder about how things work.
- I experiment to create new ways of doing things.
- I can see how exploration leads to learning.
- I regularly ask thought-provoking questions to get at the root of the problem.
- I ask insightful 'what if' questions that provoke exploration of new possibilities.
- My mind is actively engaged in new ideas.
- I challenge the way things are currently done.

## Increased Health and Well Being

- I understand my own strengths, limitations, and emotional status.
- I recognize my own emotions and manage them effectively.
- I weigh the consequences of my choices.
- I am flexible when facing uncertainties and challenges.
- I regularly volunteer in my community.
- I am adventurous, trying out new things.
- I am open to new ideas.
- I am content with my life.
- I have an excitement for living.
- I have the flexibility to adapt to change.

## Increased Cultural Competence

- I learn new things from people that are different than me.
- I am able to see things from the point of view of others.
- I have the ability to sympathize with the feelings of others.
- I get along well with others who are different from me.
- I recognize my deeply held beliefs when interacting with others.
- When interacting with others, I recognize their deeply held beliefs.
- I am open to multiple perspectives.

## Strengthened Relationships

- I build strong and supportive relationships with a variety of people.
- I keep my commitments to others.
- I regularly participate in bonding activities with my friends and/or family.
- I often engage in meaningful conversations with my friends and/or family members.
- I reminisce on positive experiences I have had with my friends and/or family.
- I enjoy spending time with my friends and/or family.
- I turn to my friends and/or family when I face challenges.