20 Little Poetry Projects (An exercise by Jim Simmerman, taken from *The Practice of Poetry*, Robin Behn and Chase Twitchell, eds.)

Give each project at least one line. You should open the poem with the first project, and close it with the last, but otherwise use the projects in whatever order you like. Do all twenty. Let different ones be in different voices. Don’t take things too seriously.

Begin the poem with a metaphor.
Say something specific but utterly preposterous.
Use at least one image for each of the five senses, either in succession or scattered randomly throughout the poem.
Use one example of synaesthesia (mixing the senses).
Use the proper name of a person and the proper name of a place.
Contradict something you said earlier in the poem.
Change direction or digress from the last thing you said.
Use a word (slang?) you’ve never seen in a poem.
Use a piece of false cause-and-effect logic.
Use a piece of “talk” you’ve actually heard (preferably in dialect and/or which you don’t understand).
Create a metaphor using the following construction: “The (adjective) (concrete noun) of (abstract noun)...”
Use an image in such a way as to reverse its usual associative qualities.
Make the persona or character in the poem do something he/she could not do in “real life.”
Refer to yourself by nickname and in the third person.
Write in the future tense, such that part of the poem seems to be a prediction.
Modify a noun with an unlikely adjective.
Make a declarative assertion that sounds convincing but finally makes no sense.
Use a phrase from a language other than English.
Make a nonhuman object say or do something human (personification).
Close the poem with a vivid image that makes no statement but that “echoes” an image from earlier in the poem.

For additional context and an example or two, see the following website:
https://artofcompost.wordpress.com/2014/10/24/exercise-20-little-poetry-projects/